

RECREATIONAL DANCE SCHEDULE & RATES 2024-2025

** ages = dancer's age on January 1st of 2025**

<u>MONDAY</u>			
Miss Tessa			
<i>Competition</i>	--	Beginner Jazz (ages 5-9)	5:00-5:30pm
<i>Competition</i>	--	Beginner Lyrical/Ballet (ages 5-9)	5:30-6:00pm
<i>Competition</i>	--	Beginner Acro (ages 5-11)	6:00-6:45pm
<i>Competition</i>	--		

<u>TUESDAY</u>			
Miss Katelyn			Miss Hallee
Creative Movement (ages 3-4)	4:30-5:00pm		
Intro to Dance COMBO (ages 4-6) (Ballet & Tap)	5:00-5:45pm		
		Intro/Beginner Acro (ages 4-11)	5:45-6:30
		<i>Competition</i> -	Ninja Acro (ages 5-11) 6:30-7:00

<u>THURSDAY</u>			
Miss Katelyn			Miss Hallee
Creative Movement (ages 3-4)	4:45-5:15pm		Grown Up & Me Creative Movement 4:30-5:00pm
Intro to Ballet (ages 4-5)	5:15-5:45pm		Beginner Acro (ages 6-11) 5:00-5:45pm
Intro to Jazz (ages 4-5)	5:45-6:15pm		Intro to Acro (ages 4-6) 5:45- 6:30pm
Beginner Jazz (ages 6-9)	6:15-6:45pm		Intermediate Lyrical/Ballet (10yrs+) 6:30-7:00pm
Beginner Lyrical/Ballet (ages 6-9)	6:45-7:15pm		Intermediate Jazz (10yrs+) 7:00-7:30pm
Solo/Duet			Intermediate Acro 7:30-8:15pm **must have front or back walk over**

30 MINUTE CLASSES

- 1 class = \$35/month per student
- 2 classes - \$55/month per student
- 3 classes = \$65/month per student

45 MINUTE CLASSES – Acro & Intro Combo

- 1 class = \$40/month per student
- 2 classes = \$65/month per student

*** add any 45 minute class for \$30 additional/ month. (i.e. any Acro class or Intro Combo class)*

Grown up & Me Creative Movement (ages 18 months – 3 yrs.) - a joyful way for children to explore movement through music and dance. Your child will work on developing physical skills, channel energy, stimulate imagination, and creativity. This class is open to adults (mom, dad, aunts/uncles, grandparents, babysitters) to join and help your dance take class! Dancers will participate in the end of the year recital with the help of a parent or old dancer “buddy”.

Creative Movement & Dance (ages 3-4) - a joyful way for children to explore movement through music and dance with some gymnastics involved! Your child will work on developing physical skills, channel energy, stimulate imagination, and creativity. [Grab your reader’s attention with a great quote from the document or use this space to emphasize a key point. To place this text box anywhere on the page, just drag it.]

Ninja Acro (ages 5yrs+) - Ninja programs use a fusion of gymnastics, trampoline, acrobatics, obstacle course training and freestyle movement that teaches flexibility, balance, strength, and coordination. This is a great class for your busy child to burn off energy!

Introduction to Dance COMBO (ages 4-6 yrs.) students will learn the beginning skills and fundamental basics of dance in ballet and tap. 20 minutes of ballet to start, 5 minute shoe change, 20 minutes of tap. Students will improve flexibility, coordination, range of motion, musicality, and poise. Students will also develop greater self-confidence, self-expression, and body awareness. This is the perfect class for your first-time dancer to get to try different styles of dance!

Introduction to Ballet or Jazz (ages 4-5) students will learn the fundamental skills and fundamental basics of dance. Students will improve flexibility, coordination, range of motion, musicality, and poise. Students will also develop greater self-confidence, self-expression, and body awareness. This is the perfect class for your first-time dancer!

Beginner Lyrical or Jazz (ages 6 yrs. & up) – Students will learn the beginning skills and fundamentals of lyrical, ballet and jazz dance. Students will improve flexibility, coordination, range of motion, musicality, and poise. Students will also develop greater self-confidence, self-expression, and body awareness. In this class, students will learn leaps, pirouettes, and choreography.

Intro to Acro/Tumbling Students will learn strength and flexibility to perform gymnastic-based tricks. It teaches flexibility, balance, strength, and coordination. Skills in this class that will be learned are forward/backward rolls, handstands, headstands, cartwheels, backbends and more.

Beginner Acro/Tumbling - Students will learn strength and flexibility to perform gymnastic-based tricks. It teaches flexibility, balance, strength, and coordination. Skills in this class that will be learned are handstands, headstands, cartwheels, aerial drills, front walk overs, back walkovers, back handspring drills, and more.’

Intermediate Acro/Tumbling - Must have a back walkover and front walkover unassisted. Students will learn strength and flexibility to perform gymnastic-based tricks. It teaches flexibility, balance, strength, and coordination. Skills in this class that will be learned are handstands, headstands, cartwheels, aerial, back handsprings, front aerials, back tucks & more.